

JVH VOLUNTEERS

News Bulletin

Issue 9. September 2013



WHAT A SUMMER THAT WAS & MY GOODNESS WHAT A GIGANTIC ACHIEVEMENT!

We refurbished one shop, opened another and still found time to dance under the stars and enjoy each other's company. At times I guess all of us felt that we had 'bitten off more than we could chew' as the list of jobs seemed endless but with everyone pulling together we got there in the end. It has to be said the Jalón shop opening was the talk of the town for weeks!

Then came the Elaine Sassoon seminar on 14th September, which can only be described as inspirational. It was a new venture for our small charity and one which has perhaps received our greatest accolade from the public, not least the other charities who were represented on the day.

The completed feedback sheets and emails from those present were overwhelmingly positive, describing the content and organisation of the seminar variously as excellent, informative and brilliant.

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SASSOON SEMINAR



JVH's Breast Cancer Seminar held in the Benissa Casa de Cultura on 14th September was a great success!

There were three speakers - Elaine Sassoon, an eminent plastic and reconstruction surgeon; Ruth Harcourt, her practice nurse and co-founder of the charity 'Keeping Abreast'; and Debbie Geoffreys, a former patient.

Elaine Sassoon's session covered non-stop information about the history of plastic surgery in general, and modern practices, with particular regard to reconstruction of the breast. This was followed by a questions and answer session.

After a break, Ruth Harcourt spoke about her role as a practice nurse working alongside Elaine Sassoon, and also about the charity 'Keeping Abreast' and the importance of their patient support group. She was followed by Debbie Geoffreys, who had had a mastectomy in 2002, followed by reconstruction surgery undertaken by Elaine, in 2005.

Local charities and businesses had set up stalls with merchandise and information leaflets for the benefit of the audience. These included MABS Cancer Support Group, Cancer Care, AECC, Reflections (who, in the event of hair loss during chemotherapy treatment, are able to supply wigs) and Nicola Jane, who sells specialised lingerie and leisure wear.

At the conclusion of the seminar Elaine Horton thanked the speakers for giving up their weekend to come and talk. She presented each of them with a 'Goodie bag' containing a piece of locally made jewellery, JVH merchandise and the charity's 2014 calendar.

JVH's 'Have a Heart' campaign was also launched at the seminar. The heart-shaped pillows were given away free to breast cancer patients and the cancer charities present.

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There were also phone calls in which folk congratulated us on the way in which our volunteers had represented our charity, describing those who had helped on the day as welcoming, helpful and professional. Many commented on how nice it was to see us all smartly dressed in black and white.

What lovely comments these were to hear, particularly as they echo my sentiments entirely. What we did, we did extremely well. We should be proud of our achievements and take the opportunity of congratulating ourselves on a job well done.

On behalf of myself and the committee, I would like to thank all of those who went the 'extra mile' this summer, some working extremely long hours in order to get the job done. We simply couldn't have done it without you.

Thanks Guys!

Elaine

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Thanks were given to the Benissa Ayuntamiento and the Casa de Cultura for their kindness in allowing the use of the theatre and for providing back-up services and other facilities free-of-charge.

Elaine commented that she had a real sense of pride in respect to the manner in which the charity's hard-working volunteers had made the event possible and for the way they represented the organisation.

The audience were provided with information packs as they left and invited to complete a short questionnaire in respect of the quality and organisation of the seminar. Their responses were overwhelmingly positive, with those present quick to show their appreciation by making donations to the charity.

Some information packs are still available. If you would like one call: 659 624 643.

Sales of merchandise, a raffle and donations raised over 739 Euros, however, a monetary value cannot be put on the amount of prestige and public relations that the seminar has generated for JVH.



From Left to right: Elaine Horton, Elaine Sassoon, Ruth Harcourt and Debbie Geoffreys



Heart display on stage



Jane Trask receiving Employee of the Month award for September

Some Comments from the Audience

'Well done Jalon Valley Help, organisation was superb!'

'Brilliant!'

'An amazing generosity of spirit, so very helpful'

'Extremely helpful and informative. Everyone was very helpful and friendly'

'Excellent'

'Very well organised. Excellent help from the Volunteers. They should be very proud of themselves'

'Fantastic!'

MERCADO SOLIDARIO - THIRD INTERNATIONAL CHARITIES FAIR

Benidorm's El Cisne Antique and Rastro Centre was the venue for an international fair organised by Pamela Dawson Tasker of AECC the Spanish national cancer charity and Steve Ashley of the Samaritans in Spain in conjunction with the British Consulate in Alicante.

JVH accepted an invitation from the British Consulate to attend the show. Paul Rodwell, British Consul was really impressed by JVH's 'together we can make a difference' policy when he opened Casa de Ánimo last year. He is very keen for charities to network and to work more closely together in these difficult times.

Most Professional Stand

Held on Sunday 22nd September, over 30 charities and help organisations supported this event to raise funds for their work. JVH's stand was by far the best and most impressive one at the show, underlining how professional, forward thinking and respected the charity is becoming.



Left to right: Jacqui Phillips, President of MABS, Elaine Horton and Liz Bell, British Vice Consul



JVH MERCHANDISE



Calendars
7 € each

Tea Towels
4 € each

JVH merchandise is now available for purchase at both Help shops.

Already proving popular, the items available include, calendars, tea towels and cookery books.

Also available is a new line in greetings cards based on photographs submitted for the JVH calendar photographic competition.

The cards are priced at two euros each.

Cookery Books
5 € each



THE LONDON BOUTIQUE Autumn Fashion Show



Friday 25th October, 1 pm
in the London Boutique
Shop, Jalón

Entrance 1 Euro at the door
includes a glass of wine
(courtesy of the London Boutique)

Entrance fees & proceeds of raffle
in aid of Jalon Valley Help



Tel: 659 624 643
www.jalonvalleyhelp.com

20% off all clothing on the day



HALLOWEEN PARTY



El Cid Restaurant

Saturday 2nd November, 7.30 pm till late

Two course meal inc. bread, allioli & 1/2 bottle wine per person

Entertainment by ENCORE

Prizes for the best outfit!

CALL: 625 349 599 for tickets

All proceeds to Jalon Valley Help

Tickets 17.50 €



Tel: 625 349 599 www.jalonvalleyhelp.com



URGENT APPEAL

Wanted, bottles for the bottle stall, pink household items and gifts. These should be taken to either of the Help shops, or to Casa de Ánimo by 3rd October latest.

Also wanted, cakes and savouries. Please contact Alison McInnes on: 966 482 166

Jalon Valley Help
in time of need

THINK PINK COFFEE MORNING

5th October, 10.00 am - 2.00 pm
at the Pensionistas/Library building, Jalón

Entertainment by
Barry Peters (The Swingman)
The Careline Street Dancers

Prizes for best funky pink outfit, adult & child

Various stalls & attractions

Entrance fee 1.50 Euros
(Includes a cup of coffee)

HAVE A HEART

Proceeds to Jalon Valley Help cancer fund

Tel: 659 624 643 www.jalonvalleyhelp.com

DATES FOR YOUR DIARY

5th October 2013

Pink Coffee Morning,
pensionistas/library, Jalón

25th October 2013

Autumn Fashion Show,
London Boutique, Jalón

2nd November 2013

Halloween Party, El Cid
Restaurant, Benidoleig

23rd November 2013

Christmas Bazaar,
pensionistas/library, Jalón